



Student Name:

UID:

State of Iowa approved preparation program for endorsement number 146, Physical Education K-8, when completed with or following an Elementary Education Teacher Education Program K-6 (endorsement 102). The holder of this endorsement is authorized to teach physical education from the kindergarten level through grade eight.

**Requirements**

- Completion of methods of teaching physical education, plus a minimum additional twenty-four semester hours to include course work in Human Anatomy, Human Physiology, Movement Education, Adaptive Physical Education, Human Growth and Development of Children related to Physical Education, First Aid and Emergency Care.

**Methods of Physical Education**

Course	Course Title	Credit	Session/Substitute
EDTL:3127	Methods: PE, Health & Wellness	2,3s.h.	

**Course Requirements (minimum of 24 s.h. to include the following)**

**Complete all of the following**

HHP:1100	Human Anatomy	3 s.h.	
EDTL:3130	Adaptive PE for the Classroom Teacher	2 s.h.	
HHP:3300	Human Growth & Motor Development	3 s.h.	
HPAS:1008	Basic First Aid	1 s.h.	
HPAS:1007	Basic CPR	1 s.h.	

**Human Physiology (Complete one of the following)**

HHP:1300	Fundamentals of Human Physiology	3 s.h.	
HHP:3500	Human Physiology	3 s.h.	

**Movement Education (Complete one of the following)**

EDTL:3131	Movement Education	2 s.h.	
HHP:4220	Biomechanics of Human Motion	4 s.h.	

**Choose three or more of the following courses**

HHP:3400	Exercise Physiology for Practitioners	3 s.h.	
HHP:2210	Principles of Exercise Leadership	3 s.h.	
HHP:4210	Exercise Testing & Prescription II	3 s.h.	
HHP:2310	Nutrition & Health (Contact Carol Girdler)	3 s.h.	
HHP:2330	Health in Everyday Life	3 s.h.	
HHP:2500	Psych. Aspects of Sport & Physical Activity	3 s.h.	
HPAS:1220	Flexibility	1 s.h.	
LLS:1067	Team Building- Challenge Course	1 s.h.	

**Approved substitutes or additional courses for total of 24 s.h.**

			s.h. Total (=>24)

This Program Guide is for planning and documentation of program completion. State requirements for licensure and endorsements are subject to change without notice; check with your adviser or the Office of Education Services for updated requirements. Course transfer and substitution may require syllabi or other documentation in addition to transcript. Revised 1/27/2015 EW/DLT version 2.3.

For additional information, admissions procedures, or advising referral, please contact Office of Education Services, College of Education, N310 Lindquist Center, Iowa City, IA 52242, 319-335-5359, FAX: 319-335-5364, [edu-educationservices@uiowa.edu](mailto:edu-educationservices@uiowa.edu), <http://www.education.uiowa.edu>