



College of Education
Counseling and Behavioral Health Services
education.uiowa.edu/CBHS

CBHS: Corrections Informal Concentration Area

The Corrections informal concentration area (ICA) orients students for careers in the criminal justice system and social programs, particularly focusing on the management, rehabilitation, and reintegration of offenders. Courses will provide students with an understanding of the corrections system, including jails, prisons, probation, and parole. Students will learn about the social, psychological, and environmental factors that lead to criminal behavior. Also, students will develop awareness of the important concepts of rehabilitation and reintegration. Recommend combining the CBHS major with the Criminology, Law, and Justice major or minor.

Course Suggestions (9 SH)

CSED:4132 Addictions and Impulse Control

Exploration of addictions and impulse control disorders; legal, social, physical, and emotional issues related to addictions and impulse control disorders.

CSED:4173 Trauma Across the Lifespan

Current theory and practice models related to trauma and crisis intervention; overview of multi-system level definitions of trauma experience (historical, individual, interpersonal, family, organizational, community, global); various approaches to trauma response theory; unique contributions that counselors offer (strength, resiliency, coping); commitments to multicultural and systems factors; macro- to micro-level understanding of trauma.

CSED:4175 Motivational Interviewing: Helping People Prepare for Change

This course will define and address the fundamental concepts of Motivational Interviewing and the Stages of Change model. The use of these approaches, with particular emphasis on persons with substance use disorders, will be explored. This course will teach that Motivational Interviewing is a style of working with persons with addictive behavior disorders designed to increase motivation for change. This course will teach students to match interventions to six stages of readiness-for-change. It will emphasize motivational strategies that include how to help the client/patient resolve ambivalence that impedes change, how to draw upon internal motivation to work in a positive direction, and how to remove obstacles to change. A combination of lectures,

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readings, videos, and large and small group discussions will be used to advance students' knowledge and understanding of Motivational Interviewing. In addition, heavy emphasis is placed on classroom discussion and role-play activities

PSQF:2700 Introduction to Understanding Trauma and Resilience

Introduction to understanding key concepts of trauma-informed systems of care in multiple settings; identification of various types of trauma along with behaviors and responses seen in survivors of trauma; students trace effects of historical trauma of marginalized communities and multiple trauma survivor groups to understand the consequences of trauma and its impact in the culture; resilience and strategies to offset consequences of trauma. Same as SSW:2700.

Potential Careers

- Correctional Officer
- Probation Officer
- Parole Officer
- Correctional Treatment Specialist
- Case Manager
- Juvenile Justice Specialist
- Community Corrections Worker

Continuing Education

- [Clinical Mental Health Counseling](#)
- [Counseling Psychology](#)