



College of Education  
Counseling and Behavioral Health Services  
education.uiowa.edu/CBHS

## **CBHS: Addictions Informal Concentration Area**

The Addictions ICA prepares students to make significant contributions in the field of addiction treatment and prevention. This informal concentration area intends to increase students' knowledge and advocacy skills needed to understand, prevent, and treat substance use disorders and other addictive behaviors. Students will learn skills that will allow them to provide support addressing the impact of addiction on individuals, families, and communities.

State certification in addictions: State requirements can be found here: <https://iowabc.org/credentials/cadc>

### **Course Suggestions (9 SH)**

#### **CPH:1800 Social and Psychological Determinants of Health**

Study of the social and psychological aspects of health, including understanding behavior change to improve health.

#### **CSED:4132 Addictions and Impulse Control**

Exploration of addictions and impulse control disorders; legal, social, physical, and emotional issues related to addictions and impulse control disorders.

#### **CSED:4185 Introduction to Substance Abuse**

Theories of addiction and pharmacology of psychoactive drugs; legal, familial, biological, multicultural, historical issues related to substance use and misuse.

#### **CSED:4195 Ethics in Human Relations and Counseling**

Morality and ethics; ethical issues; models and techniques for effective ethical decision-making in personal and professional interactions.

#### **SSW:3729 Substance Use and Abuse**

Chemical dependency for helping professions; etiological, physiological, psychological, legal, sociological aspects; treatment methods.



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## **Potential Careers**

- Addiction Counselor
- Case Manager
- Prevention Specialist
- Rehabilitation Specialist
- Social Services
- Public Health Advocate

## **Continuing Education**

- [Clinical Mental Health Counseling](#)
- [Counseling Psychology](#)