

ESHR: Sports, Society, and Inclusion Informal Concentration Area (ICA)

People engage in sports and recreational activities for enjoyment, community, and health reasons. Supporting these active individuals as they strive for their goals requires knowledge about learning, development, instruction, and motivation while applying strong communication and interpersonal skills. The cluster of courses in the *Sports, Society, and Inclusion ICA* will help to prepare students for careers in the broad fields and industries surrounding sports, which include administration, coaching, consulting, and advocacy. They will also train students to understand the social and political elements that shape participation in sport and exclusion from it. In doing so, they will help train students to become advocates for equity and inclusion in sport and the vocation connected to it.

The *Sports, Society, & Inclusion ICA* is well-paired with other ESHR ICAs such as the *Learning and Development ICA* and *Diversity Education ICA*. Students often choose another major, minor, or certificate to pair with ESHR; see suggestions for pairing with the *Sports, Society, and Inclusion ICA*.

Major, Minor, Certificate Suggestions

Majors/Minors

[Exercise Science](#)

[Health Promotion](#)

[Health Studies](#)

[Sport and Recreation Management](#)

[Therapeutic Recreation](#)

[Iowa Law's 3 + 3 Program](#)

Certificates

[Event Management](#)

[Disability Studies](#)

[Interscholastic Athletics/Activities](#)

[Administration](#)

[Leadership Studies](#)

Career opportunities for ESHR students with a Sports, Society, and Inclusion background focus on understanding and supporting people who engage in sports. Careers may include life, academic, and athletic coaching, non-profits, and consulting. Students with this focus in ESHR may be well-positioned for graduate work in higher education, counseling, and law school.

Course suggestions

(Students are encouraged to take one or two courses from each skill/content area.)

Learning, Cognition, Instruction

EDTL:3715 Experiential Teaching and Learning

Introduction to practice of experiential learning and teaching; students create and lead experiential activities in formal and informal learning environments; exploration of factors that impact the value of an experience and assess impact; integration of multiple disciplines and perspectives in a collaborative manner; skills for processing and guiding reflection to determine outcomes of experiences; work collaboratively to design, plan, execute, and determine outcomes of an experience for a target population.

EDTL:4900 Foundations of Special Education

Students with disabilities, gifted and talented; strategies for effective treatment, collaboration between regular and special education teachers; remediation of academic, behavioral, and social problems.

Exploring Perspectives and Differences

CSED:4195 Ethics in Human Relations & Counseling

Morality and ethics; ethical issues; models and techniques for effective ethical decision making in personal and professional interactions.

CSED:4197 Citizenship in a Multicultural Society (if not used to meet the ESHR diverse perspectives requirement)

Human relationships in the context of societal oppressions such as racism, sexism, able-bodyism, and heterosexism.

EPLS:4200 Diversity and Inclusion in Athletics

Diversity and inclusion as major issues for coaches, sports managers, physical activity professionals, and athletic administration staff in their workplaces; define, discuss, and analyze effects of diversity and inclusion in the athletic

organizational environment; experience of underrepresented groups in sports settings, covering differences of religion, race, ethnic origins, gender, sex, ability, appearance, and age; understanding power differences, based on diversity within an organizational environment, that help future leaders implement successful practices inclusive of all persons.
Requirements: undergraduate standing and enrollment in interscholastic athletics/activities director certificate program.

Systemic/External Influences on Learning

PSQF:4136 Home/School/Community Partnership

Issues related to collaboration among families, educators, and community members in implementing school programs.

Developmental Characteristics

PSQF:4106 Child Development

Theories and research findings about typical course of child development, differences in development. Requirements: junior standing.

PSQF:4133 The Adolescent and Young Adult

Psychological and social aspects of adolescence and young adulthood; emphasis on theory, research, and practical applications.

Leadership

CSED:4111 Building Leadership and Success at Work

Strategies to achieve employer expectations of effective leadership, communication, motivation, teamwork, and conflict management; students gain knowledge of self and how to best respond in various workplace situations.

CSED:4140 Foundations of Leadership for Community Agencies

Preparation to become effective employees and leaders; emphasis on leadership roles in clinical and other human service or health care settings; how leadership transcends job title associated with high work performance; experiential activities that illustrate key didactic concepts and didactic lecture review, written assignments, experiential assignment, in-depth discussions illustrating key concepts.

Faculty Liaison

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