

# Elementary Education Physical Education Added Endorsement Program K-8

Student Name:

UID:

This program is approved by the state of Iowa as preparation for endorsement number 146, Physical Education K-8, when completed with or following an Elementary Education Teacher Education Program K-6 (endorsement 102).

## Requirements

- Completion of methods of teaching physical education, plus a minimum additional twenty-four semester hours as outlined below.
- Current certificates of completion for CPR training and concussion training are required at the time of application for licensure.

## Professional Education Requirements

Complete both of the following courses.

Course	Course Title	Credit	Session/Substitute
EDTL:3127	Methods: PE, Health & Wellness	2 s.h.	
EDTL:3128	Practicum in Physical Education	1 s.h.	

Students who took EDTL:3127 Methods: PE, Health & Wellness for 3 s.h. have satisfied the requirements of EDTL:3128 Practicum in Physical Education.

## Physical Education Content Course Requirements

Complete a minimum of 24 s.h. in the following areas.

### Complete all of the following courses.

Course	Course Title	Credit	Session/Substitute
HHP:1100	Human Anatomy	3 s.h.	
EDTL:3130	Adaptive PE for the Elementary Teacher	2 s.h.	
HHP:3300	Human Growth and Motor Development	3 s.h.	
HPAS:1007	Basic CPR (discontinued in Spring 2022)	1 s.h.	
HPAS:1008	Basic First Aid and CPR	1 s.h.	

If HPAS:1008 was taken prior to Spring 2022, HPAS:1007 CPR is required.

## Human Physiology

Complete one of the following courses.

Course	Course Title	Credit	Session/Substitute
HHP:1300	Fundamentals of Human Physiology	3 s.h.	
HHP:3500	Human Physiology	3 s.h.	

## Movement Education

Complete one of the following.

Course	Course Title	Credit	Session/Substitute
HHP:4220	Biomechanics of Human Motion	3 s.h.	
EDTL:3131	Movement Education	2 s.h.	

## Personal Wellness

Complete three or more of the following courses.

Course	Course Title	Credit	Session/Substitute
HHP:2200	Physical Activity and Health	3 s.h.	
HHP:2310	Nutrition and Health	3 s.h.	
HHP:2500	Physical Activity Psychology	3 s.h.	
HHP:3400	Applied Exercise Physiology	3 s.h.	
HPAS:1090	Sports Skills and Drills	1 s.h.	
HPAS:1140	PE Games	1 s.h.	
HPAS:1220	Flexibility	1 s.h.	
LLS:1140	Team Building (Challenge Course)	1 s.h.	

## Approved substitutes or additional courses for total of 24 s.h.

Course	Course Title	Credit	Session/Substitute

## Additional Information

This Program Guide is for planning and documentation of program completion. State requirements for licensure and endorsements are subject to change without notice; check with your advisor or the Office of Education Services for updated requirements. Course transfer and substitution may require syllabi or other documentation in addition to transcript. Revised 4/1/2022 CG/BJ version 4.3.

For additional information, admissions procedures, or advising referral, please contact Office of Student Services, College of Education, N201 Lindquist Center, Iowa City, IA 52242, 319-335-5359, ask-education@uiowa.edu, <https://education.uiowa.edu/>