

If you have career goals in education or a helping profession but do not wish to pursue classroom teaching, ESHR may be right for you! The University of Iowa's College of Education offers an undergraduate Bachelor of Arts with a major in Education Studies and Human Relations. The following information will provide you a snapshot of the major.

ESHR ...

- Is a multidisciplinary major in education.
- Furthers career goals or prepares you for future graduate study in areas of education and helping professions.
- Enhances your broad liberal arts and sciences education.
- Develops strong academic preparation including skills in critical thinking and interpersonal communication.
- Includes courses from across the four academic departments in the UI College of Education.
- Includes two subprograms along with the broader ESHR major.
- Includes multiple informal concentration areas to help you select courses.

Nuts and Bolts ...

- 30 credits in major (minimum; 27 must be unique to the major)
- CLAS gen eds required
- Expand on ESHR with additional concentration areas, a minor, or a dual major.
 - Check [page 4](#) for the requirements for double majors (including ESHR with TEP), transferring from the HR minor, or combining the ESHR major with the HR or EP minors.
- 120 total credits for BA
- Requires cumulative UI GPA is ≥ 2.5 and at least 12 credits earned for admission for current UI students
- To declare the major, complete the [change of college application](#)
- Advising assistance: Kathy Mossman (katherine-mossman@uiowa.edu)
- Program assistance: Kathy Schuh (kathy-schuh@uiowa.edu)

How to choose your ESHR courses:

1. Choose between ESHR (full curriculum), Education Studies subprogram (ES), or Human Relations subprogram (HR).
 - **Education Studies subprogram** - preparation for careers in learning technologies, school district support roles, education policy, assessment and evaluation, education programming and management, organizational learning, and competitive preparation for future graduate study in educational measurement, education policy, learning sciences, educational psychology, higher education, student affairs, and related fields.
 - **Human Relations subprogram** - preparation for careers in helping fields that rely on interpersonal communication and personal problem solving (e.g., addiction, case management) and competitive preparation for future graduate study in professional counseling, health-service psychology, couple and family therapy, community leadership, and related fields.
2. If you wish, select an informal concentration area within a subprogram to help you build a cohesive program of study or create a concentration area of your own by choosing courses that fit your career goals. Choose these courses in consultation with an advisor.

Course list

ESHR + other major

ESHR + minor

ESHR with TEP

How to change colleges

Admission appeal process

Core Course Requirements	
Take all of these courses:	
PSQF:1075	Educational Psychology and Measurement
EDTL:2015	Teaching as a Human Endeavor
EPLS:3000	Foundations of Education
CSED:4199	Counseling for Related Professions

Diversity/Multicultural Requirement	
Take one of the following courses:	
EPLS:1240	Finding Your Path in Higher Education
PSQF:3104	Multicultural Counseling and Psychology
EPLS:4180	Human Relations for the Classroom Teacher
CSED:4197	Citizenship in a Multicultural Society

ESHR Electives – Choose 15 s.h. including *at least two different* College of Education disciplines (first four letters of the course numbers, e.g., EDTL, EPLS, CSED, PSQF). Most classes are 3 s.h.; consult the University Catalog for descriptions.

		Full ESHR			Education Studies				Human Relations			
Full ESHR Course Offerings		KSI	SSI	SCS	ES	LD	LDM	DE	HR	CF	TIA	offered
CSED:2081	Making a Vocational-Educational Choice			SCS					HR			F,S,Su
CSED:4110	Psychology of Food and Mood		SSI						HR			F,S,Su
CSED:4130	Human Sexuality								HR	CF		F,S
CSED:4131	Loss, Death, and Bereavement	KSI							HR		TIA	F,S
CSED:4141	Helping Skills for Community Settings	KSI		SCS					HR	CF	TIA	Su
CSED:4173	Trauma Across the Lifespan	KSI							HR	CF	TIA	F,S
CSED:4176	Child Abuse: Assesment Intervntn Advoc	KSI							HR		TIA	F,S,Su
CSED:4180	Topical Seminar for Helping Professionals (depending on topic) ²								HR			
CSED:4195	Ethics in Human Relations & Counseling		SSI	SCS					HR	CF		F,S,Su
CSED:4197	Citizenship in a Multicultural Society	KSI ¹	SSI ¹		ES ¹			DE ¹	HR*			F,S,Su
EDTL:2122	Create, Imagine, Play, Human Dev in Arts	KSI			ES		LDM					F,S
EDTL:2630	Introduction to the Psychology of Music				ES	LD						F,S
EDTL:3002	Teaching and Learning Technologies				ES		LDM					F,S
EDTL:3187	Early Literacy Instr for Young Children	KSI		SCS	ES	LD		DE				F
EDTL:3382	Language and Learning				ES	LD		DE				F,S
EDTL:3393	Reading & Teaching Adolescent Literature				ES	LD		DE				F,S
EDTL:3715	Experiential Teaching and Learning		SSI		ES	LD	LDM					S
EDTL:4093	Teaching/Learning for Global Perspectives				ES			DE				S
EDTL:4096	Topics in Teaching and Learning ²				ES				HR			F,S
EDTL:4355	Approaches to Teaching Writing				ES	LD						F,S
EDTL:4900	Foundations of Special Education	KSI	SSI		ES	LD						F,S,Su
EPLS:1240	Finding Your Path in Higher Education			SCS ¹	ES ¹			DE ¹				F,S
EPLS:2098	The Student Affairs Profession			SCS	ES							F,S
EPLS:3240	Undergraduate Topics in Education ²				ES			DE	HR			
EPLS:4180	Human Relations for the Classroom Teachr				ES ¹			DE ¹	HR ¹			F,S,Su
EPLS:4200	Diversity and Inclusion in Athletics		SSI	SCS	ES			DE				F
PSQF:2115	Introduction to Counseling Psychology								HR		TIA	F,S
PSQF:2116	Applied Child and Adolescent Psychology	KSI							HR	CF	TIA	S

		Full ESHR			Education Studies				Human Relations			
Full ESHR Course Offerings		KSI	SSI	SCS	ES	LD	LDM	DE	HR	CF	TIA	offered
PSQF:3104	Multicultural Counseling and Psychology	KSI ¹		SCS ¹	ES ¹			DE ¹	HR ¹			S
PSQF:3333	Special Topics in Psych & Quant Foundations (depending on topic) ²	KSI ³			ES		LDM		HR			
PSQF:3700	Intro to Trauma and Resilience	KSI			ES			DE	HR		TIA	F,S
PSQF:4106	Child Development	KSI	SSI		ES	LD		DE	HR			S
PSQF:4133	The Adolescent and Young Adult	KSI	SSI		ES	LD		DE	HR			F
PSQF:4134	Parent-Teacher Communication	KSI							HR			F,S
PSQF:4136	Home/School/Community Partnerships	KSI	SSI						HR			S
PSQF:4143	Introduction to Statistical Methods				ES				HR			F,S
PSQF:4145	Marriage and Family Interaction								HR	CF		S
PSQF:4162	Introduction to Couple & Family Therapy	KSI							HR	CF		F,S
PSQF:4281	Cognitive Principles: How People Learn				ES	LD	LDM					F
PSQF:4760	Participatory Learning and Media				ES		LDM					S
PSQF:4910	Theories of Family Development	KSI							HR	CF	TIA	

¹If not used to meet the Diversity/Multicultural Requirement

²Emphasis area depends on topic. Approved for EPLS:3240 Belize.

³Cognitive Principles for How People Learn

KSI K-12 Student Interventions; **SCS** Supporting College Students; **SSI** Sports, Society, and Inclusion; **ES** Education Studies; **LD** Learning and Development; **LDM** Learning, Design & Media; **DE** Diversity Education; **HR** Human Relations; **CF** Couples and Family; **TIA** Trauma Informed Advocacy;

Making ESHR work with another major or minor

ESHR requires only 30 credits in the major, so it's easily paired with one of the minors offered through the College of Education (Educational Psychology or Human Relations) or a major or minor from the College of Liberal Arts and Sciences. Through this process, you can build on ESHR to meet your academic and career goals. Just remember,

- At most, three credits may be counted towards both majors, or the major and minor unless otherwise specified (i.e., see ESHR and TEP).
- The ESHR major must include *at least 27 unique course credits* not counted elsewhere unless otherwise specified (i.e., see ESHR and TEP).
- No general education credits can be double counted in the ESHR major. Here are the gen ed requirements:
<http://catalog.registrar.uiowa.edu/liberal-arts-sciences/general-education-program/>

ESHR major *with* Educational Psychology (EP) *or* Human Relations (HR) minor

- The EP minor and the HR minor each include 15 s.h. of course work (check the University Catalog for specifics and requirements).
- One course from the major and the minor may be double counted.
- That means, a minor must include *at least 12 credits* that are not also counted towards the major.
- Doing the math – if you want the ESHR major *plus* an HR or EP minor, you will complete 42 unique credits (30 for ESHR, 15 for the minor, less 3 credits allowed to be double counted).

ESHR *and* Teacher Education Program Double Major

- You may double count the following courses if pursuing a double major with ESHR and TEP: PSQF:1075, EPLS:3000, and EPLS:4180.
- You *may not* double count any other courses that overlap between the two majors, thus allowing you to add competencies to your skill set.

Transferring from the Human Relations (or the Educational Psychology minor) to the ESHR Major

- While the HR minor is a great addition to any major, a double major may better position you for graduate school, in particular, if you are interested in a helping profession. The ESHR major is designed to make that transition from the HR minor to the ESHR major straightforward.
- Any courses that you have taken towards the HR minor will be used to meet ESHR required or elective course requirements. These courses *cannot be used to replace **required** courses with different course numbers.*
- Your advisor will have to place these accepted classes into your program of student on an individual basis.
- The HR minor will be removed from your program of study when you enroll in the ESHR major.
- If you want to have an ESHR major *plus* an HR (or EP minor), you will complete 42 unique credits (see above).

Enrolling in ESHR by changing colleges

If you are a current UI student and would like to change your major to ESHR complete the following steps

- Make sure that your cumulative UI GPA is at least a 2.5 and you have completed at least 12 semester hours of graded undergraduate course work. If your GPA falls short, see the admission appeal process.
- Access the [Change of College Application](#).
- Select College of Education / Education Studies and Human Relations from the drop-down menu.
- Select the session you would like the change to become effective.
- Provide answers to the supplemental questions for the selected program.
- Submit the application.
- Once you're notified that you have been accepted into the major, please contact your advisor (University Academic Advising Center if you have less than 30 s.h. or [Kathy Mossman](#), ESHR advisor, if you have completed more than 30 than s.h.).

Admission appeal process

If you are interested in declaring ESHR as your major, but your UI cumulative GPA is less than 2.5, you may appeal to be admitted. Be aware that all appeals are not granted – the goal in the appeal process is to provide students who may have had extenuating circumstances that contributed to their lower GPA the opportunity to share that information and have it be part of the admissions decision process. Our goal in the College of Education is to admit students who we believe will be successful- meaning they will make good progress towards graduation, will graduate, and will do so without being placed on academic probation. If you would like to have your admissions into the ESHR major considered while you have a lower GPA, complete the following steps.

- Send a letter to [Kathy Schuh](#), Director of ESHR. This can be a formal letter attached to an email or a formal email.
- In the letter say you would like to petition to be admitted to ESHR with a cumulative UI GPA of [include your GPA].
- Give a little explanation of why you'd like to be admitted to ESHR. Why do you feel that it is a good major for you?
- Share any information that you'd like about circumstances or situations that have come into play in your college career at the University of Iowa that may have made it a challenge for you to get a higher GPA. Realize that we are not looking for an excuse but trying to figure out if there is something that might have made it difficult for you to work to your full potential.
- Indicate how you will push ahead so that your GPA will improve during the next semester. In other words, explain why the GPA will not be an issue for your continued success. For this you should be specific – what types of things will you do differently so you can have a different academic outcome?
- You may be invited to an interview (in person or via zoom) with either the ESHR director, ESHR advisor, or both.
- You will be notified via email regarding the appeal decision.

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