

Elementary Education Physical Education Added Endorsement Program K-8

Student Name:

UID:

This program is approved by the state of Iowa as preparation for endorsement number 146, Physical Education K-8, when completed with or following an Elementary Education Teacher Education Program K-6 (endorsement 102).

Admission to this program has been suspended as of Fall 2022.

Requirements

- Completion of methods of teaching physical education, plus a minimum additional twenty-four semester hours as outlined below.
- Current certificates of completion for CPR training and concussion training are required at the time of application for licensure.

Professional Education Requirements

Complete both of the following courses.

Course	Course Title	Credit	Session/Substitute
EDTL:3127	Methods: PE, Health & Wellness	2 s.h.	
EDTL:3128	Practicum in Physical Education	1 s.h.	

Students who took EDTL:3127 Methods: PE, Health & Wellness for 3 s.h. have satisfied the requirements of EDTL:3128 Practicum in Physical Education.

Physical Education Content Course Requirements

Complete a minimum of 24 s.h. in the following areas.

Complete all of the following courses.

Course	Course Title	Credit	Session/Substitute
HHP:1100	Human Anatomy	3 s.h.	
EDTL:3130	Adaptive PE for the Elementary Teacher	2 s.h.	
HHP:3300	Human Growth and Motor Development	3 s.h.	
HPAS:1007	Basic CPR (discontinued in Spring 2022)	1 s.h.	
HPAS:1008	Basic First Aid and CPR	1 s.h.	

If HPAS:1008 was taken prior to Spring 2022, HPAS:1007 CPR is required.

Human Physiology

Complete one of the following courses.

Course	Course Title	Credit	Session/Substitute
HHP:1300	Fundamentals of Human Physiology	3 s.h.	
HHP:3500	Human Physiology	3 s.h.	

Movement Education

Complete one of the following.

Course	Course Title	Credit	Session/Substitute
HHP:4220	Biomechanics of Human Motion	3 s.h.	
EDTL:3131	Movement Education	2 s.h.	

Personal Wellness

Complete three or more of the following courses.

Course	Course Title	Credit	Session/Substitute
HHP:2200	Physical Activity and Health	3 s.h.	
HHP:2310	Nutrition and Health	3 s.h.	
HHP:2500	Physical Activity Psychology	3 s.h.	
HHP:3400	Applied Exercise Physiology	3 s.h.	
HPAS:1090	Sports Skills and Drills	1 s.h.	
HPAS:1140	PE Games	1 s.h.	
HPAS:1220	Flexibility	1 s.h.	
LLS:1140	Team Building (Challenge Course)	1 s.h.	

Approved substitutes or additional courses for total of 24 s.h.

Course	Course Title	Credit	Session/Substitute

Additional Information

This Program Guide is for planning and documentation of program completion. State requirements for licensure and endorsements are subject to change without notice; check with your adviser or the Office of Education Services for updated requirements. Course transfer and substitution may require syllabi or other documentation in addition to transcript. Revised 4/1/2022 CG/BJ version 4.2.2.

For additional information, admissions procedures, or advising referral, please contact Office of Student Services, College of Education, N201 Lindquist Center, Iowa City, IA 52242, 319-335-5359, FAX: 319-335-5364, ask-education@uiowa.edu, <https://education.uiowa.edu/>